# CHAPTER 3 – DEMOGRAPHIC CHARACTERISTICS AND MATERIAL CIRCUMSTANCES OF NEW ZEALANDERS

This chapter gives population estimates for the basic demographic variables included in the surveys and population prevalences for the different types of living standard indicator items. The population estimates were made using weighted sample data. This chapter serves two purposes: first, to provide a basic demographic profile of the population being studied, and second, to provide a part of the foundation for the construction of the generic scale of living standards<sup>1</sup>.

Most of the results that are presented are population estimates for adult individuals. However, there are also results that relate to EFUs with children. This is because the data on items specific to children derive from responses by their parents, and are most easily interpretable when put in the context of the responses about the EFUs containing the children. These EFUs are broken down according to whether the adult respondent was a sole parent or partnered.

The material is presented in two major sections and comprises:

- basic demographic characteristics the demographic characteristics of the sample are presented in terms of age, gender, ethnicity, and EFU composition, number of children, educational attainment, source of income, and socio-economic status. The major purpose of this material is to provide a general social profile of the sample from which the responses were drawn.
- 2. living standard indicator items an account of the material circumstances of New Zealanders in terms of a series of indicator measures, including: ownership of personal/household goods; prevalence of social participation; extent of economising behaviours; the prevalence of serious financial problems and accommodation problems. The aim of this section is to build up a picture of the material circumstances of New Zealanders, particularly, the extent to which members of the population are subject to material deprivation or economic hardship.

# **Demographic Characteristics**

Table 3.1 gives the age, gender, and ethnicity breakdowns of the population provided by the combined weighted samples. The sample is weighted to reflect the composition of the population with respect to age, gender, ethnicity and EFU composition.

1. Age: The mean age was 43 years for males, and 44 years for females.

<sup>&</sup>lt;sup>1</sup> The purpose of this chapter is to describe the population by means of population estimates from the weighted sample data, not to test the representativeness of the data. As indicated in the previous chapter, the latter task was done by comparing Census results on selected variables with estimates given by the weighted sample data. These comparisons, which are reported in Appendix C, show an adequate match.

- 2. Ethnicity: Most respondents identified themselves as being of European ethnicity. Similarly, most partners/spouses were identified as being of European Ethnicity.
- 3. Gender: Amongst the respondents there was a slight predominance of females.

As a result of the weighting process, these characteristics correspond closely with the population characteristics, as defined by the 2001 Census.

Table 3.1: Age, ethnicity, and gender distribution of population (estimated from combined weighted sample)

Measure	Percent	
Age (adults and children)		
Dependent children (under 18 years)	25.9	
18 to 24	10.7	
24 to 44	31.5	
45 to 64	20.5	
65 and over	11.4	
Ethnicity (adults)		
Māori	14.0	
NZ Pacific	5.8	
Chinese	2.0	
Indian	1.4	
Other	3.8	
European	79.7	
Gender (adults)		
Female	50.2	
Male	49.8	

Note: All values have been estimated from the observed sample weighted to take account of probability of selection, non-response, and sample stratification. Ethnicity does not sum to 100 as groups are not mutually exclusive.

Additional analysis of the responses indicated the following general conclusions:

4. EFU Type: Weighted responses indicated that 26.1 percent of EFUs were a single person without dependent children; 25.1 percent were a couple without dependent children; 38.4 percent were a couple with dependent children; 10.4 percent were sole-parent families.

- 5. Number of dependent children: Weighted responses indicated that 63.8 percent of working-age EFUs had no dependent children; 13.0 percent had one dependent child; 14.8 percent had two dependent children; 8.4 percent had three or more dependent children.
- 6. Educational attainment: Weighted responses indicated that 20.5 percent of adults had attained no school qualifications; 29.7 percent reported that they had attained a qualification at school; 34.8 percent reported that they had attained an occupational certificate or diploma; and 15.0 percent indicated that they had attained a bachelors degree or higher.
- 7. Source of Income: Weighted responses indicated that for 12.4 percent of the population the main source of income was from New Zealand Superannuation; for 16.0 percent the main source was from an income-tested benefit; and for 71.6 percent the main source was market income; Of those with market income as their main source 61.5 percent received income from were salary and wages only, and the remainder (38.5 percent) received income from self-employment only.
- 8. Occupational Distribution: This was classified using the New Zealand Standard Classification of Occupations (NZSCO). Weighted responses indicated that 4.5 percent of main income earners were in Elementary Occupations; 26.3 percent in Trades and Plant and Machine Work; 9.5 percent in Agricultural and Fishery Work; 16.9 in Clerical, Services and Sales Occupations; 27.7 percent in Professional, Assistant Professional, and Technical Work; and 15.1 percent in Legal, Administration or Managerial Occupations.

## **Living Standards Indicator Items**

The primary focus of the research reported here is on developing a measure of economic living standards based on patterns of ownership, social participation, economising, serious financial problems, and self-ratings of standard of living and adequacy of income. The next chapter describes the ways in which these indicators were scaled to produce a generic scale of living standards. In this section, the background to the subsequent development of the generic scale is presented by reporting the items and their endorsement rates.

#### Ownership and Ownership Restrictions

One indicator of living standards is the extent to which people own possessions. As a general rule, those with high living standards are characterised by high levels of ownership of consumer durables and other related resources, whereas those with low living standards lack many of these. These considerations suggest that an assessment of the level of ownership should provide useful information

about the overall standard of living of an individual or a family unit. However, it is also clear that there are differing personal preferences for some consumption goods. While almost everyone in New Zealand wants waterproof shoes, not everyone wants a computer. This consideration suggest that information about ownership should be interpreted in the context of the person's wants and preferences as their pattern of ownership will reflect not only their economic circumstances but also their personal preferences. As discussed in the previous chapter, the present research uses the concept of enforced lack (Mack and Lansley, 1985) operationalised as the things one wants but lacks because of cost.

Table 3.2 shows the percentage of people in the population who have the given item and the percentage who report an enforced lack of the given item. Table 3.3 shows the same information for sole-parent families and two-parent families.

Overall, the responses obtained for the population and for families with children show a high level of ownership for many of the listed items. More than 90 percent of adults had the following items: a warm winter coat, telephone, a good bed, car, a good pair of shoes, washing machine, warm bedding in winter, TV, inside toilet, hot running water, main supplied electricity, and running water. For EFUs with children, more than 75 percent had a child's bike, wet weather clothing for each child and shoes in good condition for each child. The items for which relatively few people reported ownership include: holiday home, boat, pay TV, and a Playstation (for families with children).

Table 3.2: Ownership restrictions -- population (estimated from combined weighted sample)

	Have	Enforced Lack
		(Want but don't have – cost)
Common Items	Percent	Percent
Holiday home	10	39
Boat	15	23
Pay TV	31	18
PC	49	18
Internet	39	17
Dishwasher	47	14
Waste disposal unit	26	9
Heating in all main rooms	76	9
Home contents insurance	84	9
Clothes dryer	69	9
Food processor	63	7
A best outfit	85	6
Secure locks	87	5
Video player	88	4
Microwave	86	4
A warm winter coat	90	4
A good bed	96	3
Stereo	88	3
Car	93	3
A good pair of shoes	97	2
A pet	64	2
Telephone	98	2
Washing machine	98	1
Warm bedding in winter	98	1
TV	98	0
Inside toilet	99	0
Hot running water	99	0
Mains electricity	99	0
Running water	99	0

Table 3.3: Ownership restrictions – families with children (estimated from combined weighted sample)

	Two-p	arent families	Sole	e-parent families
Common Items	Have Percent	Enforced Lack Percent	Have Percent	Enforced Lack Percent
Holiday home	10	48	4	53
Boat	17	30	5	24
Pay TV	31	19	20	32
PC	67	18	35	38
Internet	50	18	26	34
Dishwasher	59	15	29	29
Waste disposal unit	29	10	12	18
Heating in all main rooms	78	9	61	22
Home contents insurance	87	8	56	25
Clothes dryer	80	8	59	22
Food processor	67	8	42	19
A best outfit	83	7	70	18
Secure locks	87	5	79	14
A warm winter coat	91	4	83	9
Microwave	92	3	78	11
A good bed	97	2	85	13
Warm bedding in winter	97	2	94	3
A good pair of shoes	97	2	87	11
Video player	95	2	81	12
Stereo	94	2	86	9
A pet	74	2	61	6
Washing machine	99	1	96	4
Car	99	1	78	16
Telephone	98	1	90	7
Hot running water	99.9	0.1	99	0.7
Inside toilet	99	0.1	98	0.4
TV	98	0.1	97	0.2
Running water	99.8	0.1	99	0.6
Mains electricity	99	0.0	99.6	0.2
	(	Children-Specific Items	S	
A Playstation	35	9	32	17
Wet weather clothing	89	4	83	12
A child's bike	80	4	69	12
Shoes in good condition	96	2	91	7

#### Social Participation and Participation Restrictions

A second type of information that reflects living standards concerns social participation. One possible indicator of low living standards may be that individuals are unable to sustain the level of social contact they would like to maintain. As was the case for patterns of ownership, social participation will not only reflect the individual's economic circumstances, but also their preferences. For these reasons, in the present study information is gathered on extent of social participation, as well as the extent of enforced lack of social participation. These results are presented in Table 3.4, for the population, and Table 3.5, for families with children.

The data suggests that there are very few listed activities that people don't do because of cost. Less than 10 percent reported that they couldn't afford to visit a hairdresser once every three months, have a special meal at home once a week, give presents to family and friends, or participate in family activities. These findings extended to children specific items. For example, less than 4 percent report that cost prevents them from having children's friends over for a meal. This picture of social participation restrictions is reasonably consistent for two-parent families. However, a different picture emerges for sole-parent families. A greater percentage of sole-parent families report that cost prevents them from engaging in social activities than for two-parent families. For example, 58 percent of sole-parent families cannot afford childcare services versus 26 percent of two-parent families.

Table 3.4: Social participation restrictions – population (estimated from combined weighted sample)

	Do	Enforced Lack
Common Items	Percent	Percent
Have a holiday overseas every 3 years	35	41
Have a holiday away from home every year	63	21
Have a night out once a fortnight	47	17
Visit hairdresser once every 3 months	67	8
Have a special meal at home once a week	56	6
Have family/friends over for a meal once a month	70	5
Have enough room for family and friends to stay	87	5
Gives presents to family/friends	94	3
Participate in family activities	86	2

Table 3.5: Social participation restrictions – EFUs with children (estimated from combined weighted sample)

	Enforced Lack		
	Two-parent families	Sole-parent families	
Common Items	Percent	Percent	
Have a holiday overseas every 3 years	50	70	
Have a holiday away from home every year	25	45	
Have a night out once a fortnight	25	29	
Visit hairdresser once every 3 months	8	26	
Have a special meal at home once a week	8	14	
Have enough room for family and friends to stay	7	11	
Have family/friends over for a meal once a month	5	11	
Gives presents to family/friends	3	7	
Participate in family activities	2	3	
Childr	ren Specific Items		
Pay for childcare services	26	58	
Have children's friends over for meal	7	15	
Have children's friends over for birthday party	3	7	
Have enough room for children's friends to stay	2	7	

### **Economising Behaviour**

A further type of information about living standards is the extent to which individuals restrict their expenditure in key areas such as food, home heating, clothing, and medical care. As in the case of ownership or social participation, it is important to assess the reasons for the deficits in consumption. For example, some people may restrict their consumption patterns out of a sense of frugality rather than because this restriction is an economic necessity. To address these issues, respondents in the study were asked whether in the last 12 months they had restricted their expenditure and consumption in key areas of food, clothing, medical expenses, and so on, because they could not afford the cost of these items.

Tables 3.6 and 3.7 show the items, and report the percentage of the population (and for families with children) who reported economising not at all, a little, and a lot for each item. The Table 3.6 shows that a substantial percentage of people report engaging in economising behaviours, particularly in the areas of food and clothing. Approximately 20 percent of the population reported that they put off visits to the dentist a little or a lot because of the cost. As with the previous set of indicators, a similar picture emerges for two-parent families (Table 3.7), but sole-parent families report much more economising.

For this group, the percentage of people who report not economising at all is smaller than for two-parent families or for the total population. The impression from these results is that sole-parent families economise their expenditure to a much greater extent than two-parent families.

Table 3.6: Economising behaviour – population (estimated from combined weighted sample)

	Extent of Economising Behaviour			
_	Not at all	A little	A lot	
Common Items	Percent	Percent	Percent	
Put off buying new clothes	41	35	24	
Less/cheaper meat	43	35	23	
Less time on hobbies	60	26	14	
Postponed/put off visits to dentist	62	20	18	
Cut back on trips to shops	63	29	8	
Kept wearing old clothes	67	23	10	
Bought second-hand clothes	69	21	10	
Cut back on visits to family/friends	74	20	7	
Postponed/put off visits to doctor	75	17	8	
Wear worn out shoes	77	15	7	
Relied on gifts of clothing	78	15	7	
Cut back/cancelled insurance	79	14	7	
Less fresh fruit & vegetables.	83	13	5	
Put up with feeling cold	85	12	3	
Went without glasses	88	7	5	
Stayed in bed for warmth	88	8	3	
Not picked up prescription	90	8	2	
Not gone to funeral/tangi	91	7	3	

Table 3.7: Economising behaviours – families with children (estimated from combined weighted sample)

	Two	-parent fan	nilies	Sole	-parent far	nilies
	Not at all	A little	A lot	Not at all	A little	A lot
Common Items	Percent	Percent	Percent	Percent	Percent	Percent
Put off buying new clothes	30	43	28	15	30	55
Less/cheaper meat	34	37	28	16	32	52
Less time on hobbies	48	35	18	29	28	43
Postponed visits to dentist	52	26	21	35	27	38
Cut back on trips to shops	52	38	10	33	46	20
Bought second-hand clothe	es 57	30	13	38	27	34
Kept wearing old clothes	59	30	11	39	31	30
Not do training/education	63	22	15	50	23	28
Relied on gifts of clothing	67	23	10	50	28	22
Cut back visits to family	67	25	8	45	38	17
Wear worn out shoes	72	20	8	50	33	17
Put off visits to doctor	72	20	9	50	32	18
Cancelled insurance	75	19	6	68	14	17
Less fresh fruit & vegs.	82	13	5	59	31	10
Put up with feeling cold	85	12	3	67	25	8
Went without glasses	86	8	6	80	9	11
Not picked up prescription	88	9	3	72	20	7
Not gone to funeral/tangi	88	8	4	76	16	7
Stayed in bed for warmth	90	8	2	72	19	9
		Cl	nildren Specif	ic Items		
Not enough bedrooms	79	13	8	70	12	17
Went without cultural lesso		12	4	72	14	14
Not bought books for home		11	4	68	17	15
Child wore bad fitting cloth		13	1	76	16	8
Child's sport limited	88	9	2	74	17	10
Limited space	88	7	4	79	12	9
Not gone on school outings		6	1	77	16	7
Not bought school books	94	5	1	83	10	8
Put off child's visits to doct	or 95	4	1	88	9	3
Put off child's visits to dent		3	0	90	8	2
Children share a bed	97	2	1	91	5	3
Child went without glasses		1	1	97	2	1

#### Serious Financial Problems

A well-documented accompaniment of deprivation (and therefore low living standard) is the extent to which people have financial problems that jeopardise the maintenance of basic living conditions (e.g., electricity supply, housing, etc.). To examine this issue, respondents were asked whether they had had various financial problems in the last 12 months. The results are shown in Table 3.8. The most common financial problem amongst the population was borrowing money from friends and family to meet everyday living costs. A relatively high proportion of people (10 percent) also reported that they could not keep up payments for hire purchase and credit cards or payments of electricity, gas, and water. While a similar pattern was observed for two-parent families, there was a marked difference in the amount of serious financial problems experienced by sole-parent families. Table 3.8 shows that 45 percent borrowed money off friends and family to meet everyday living costs; 36 percent could not keep up payments for electricity, gas, and water; and 27 percent could not maintain payments for hire purchases and credit cards. These results indicate that while the population experiences few incidences of the types of serious financial problems measured by these items, a different picture emerges for sole-parent families, with a high incidence of people reporting difficulties in meeting everyday living costs, utility payments, and credit repayments.

Table 3.8: Serious financial problems – population (estimated from combined weighted sample)

	Percent having problem	
Borrowed money from friend/family to meet everyday living costs	14	
Couldn't keep up payments for hire purchase, credit cards	10	
Couldn't keep up payments for electricity, gas, water	10	
Pawned or sold something to meet everyday living costs	7	
Couldn't keep up payments on mortgage, rent	7	
Received help (food, clothing, money) from community organisation	5	

Table 3.9: Serious financial problems – families with children (estimated from combined weighted sample)

	Percent having problem		
-	Two-parent families	Sole-parent families	
Borrowed money from friend/family to meet everyday living costs	13	27	
Couldn't keep up payments for hire purchase, credit cards	13	46	
Couldn't keep up payments for electricity, gas, water	12	36	
Pawned or sold something to everyday meet living costs	8	17	
Couldn't keep up payments on mortgage, rent	8	21	
Received help (food, clothing, money) from community organisati	on 6	21	

#### **Accommodation Problems**

The survey questionnaire included items concerning problems with accommodation. As stated in Chapter 1, on the basis of previous research it was not expected that accommodation data would fit into a measurement model specified primarily in terms of enforced lacks and economising behaviours. However, it was expected that such data would show a sizable correlation with a scale based on the latter types of information and might be helpful in interpreting results. Accordingly, population estimates for the accommodation problems are presented below in Table 3.10. Estimates are given separately for adults and families with dependent children.

Table 3.10: Accommodation problems – population (estimated from combined weighted sample)

	Percent having problem				
	Population	Two-parent families	Sole-parent families		
Draughts	21	23	17		
Dampness	19	20	19		
Pollution	7	6	7		
Noise	21	19	24		
Plumbing	11	11	12		
Wiring	6	6	4		
Interior paintwork	18	20	14		
Windows	15	19	10		
Doors	10	10	9		
Roof	12	13	9		
Piles	5	4	5		
Exterior paintwork	19	22	16		
Fences	15	16	13		
Paving	10	11	8		
Other problems	10	11	9		

#### Self-Ratings

Another perspective on a person's living standard can be gained by asking them to provide their own assessment. Table 3.11 reports on three ratings of standard of living for the adult population. Self-ratings for families with children are presented in Table 3.12. The first measure asked respondents whether they found their current income adequate to meet their day-to-day living costs. The second measure asked respondents to assess their overall standard of living on a scale ranging from high to low. The third measure assessed respondents' satisfaction with their standard of living. The third measure was not part of the CFA model fitted by Fergusson et al. (2001) for older people or for the present CFA analysis. However, it is used in later parts of the report for the specification of the general use form of the measure. The questions were:

- 1. How well does your (or your and your partner's combined) total income meet your everyday needs for such things as accommodation, food, clothing, and other necessities?
- 2. Generally, how would you rate your standard of living?
- 3. Generally, how satisfied are you with your current standard of living?

Table 3.11: Ratings of adequacy of income, standard of living, and satisfaction with standard of living – population (estimated from combined weighted sample)

Measure		Percent	
Adequacy of Income	More than enough	13.6	
	Enough	29.7	
	Just enough	36.9	
	Not enough	19.8	
Standard of Living	High	8.0	
	Fairly high	30.7	
	Medium	53.5	
	Fairly low	5.9	
	Low	1.9	
Satisfaction with Standard of Living	Very satisfied	19.6	
	Satisfied	52.0	
	Neither satisfied nor dissatisfied	18.7	
	Dissatisfied	8.1	
	Very dissatisfied	1.3	

Note: All values have been estimated from the observed sample weighted to take account of probability of selection, non-response, and sample stratification; values may not sum to 100 due to rounding error.

Table 3.12: Ratings of adequacy of income, standard of living, and satisfaction with standard of living – families with children (estimated from combined weighted sample)

Measure		Percent	
	T		
	Two-parent families		
Adequacy of Income	More than enough	9.4	
	Enough	31.3	
	Just enough	38.9	
	Not enough	20.4	
Standard of Living	High	8.0	
otaniaana or Ennig	Fairly high	34.4	
	Medium	52.3	
	Fairly low	3.4	
	Low	1.9	
Satisfaction with Standard of Living	Very satisfied	20.7	
outline of the contract of the	Satisfied	50.7	
	Neither satisfied nor dissatisfied	19.0	
	Dissatisfied	8.2	
	Very dissatisfied	1.4	
	Sole-parent families		
Adequacy of Income	More than enough	42.4	
	Enough	36.4	
	Just enough	15.8	
	Not enough	5.4	
Standard of Living	High	2.9	
	Fairly high	16.4	
	Medium	57.2	
	Fairly low	19.1	
	Low	4.4	
Satisfaction with Standard of Living	Very satisfied	5.6	
	Satisfied	36.1	
	Neither satisfied nor dissatisfied	30.2	
	Dissatisfied	24.3	
	Very dissatisfied	3.8	

Note: All values have been estimated from the observed sample weighted to take account of probability of selection, non-response, and sample stratification; values may not sum to 100 due to rounding error.

## Summary

The aim of this chapter has been to present a descriptive profile of the populations' social background and living standards using a representative sample of the population of New Zealand. The chapter showed the following:

- basic demographic features: The age of the sample ranged from 18 years of age to over 90 years. The sample comprised four major EFU types sole-parent families; two-parent families; couple-only families; single people and included people with a range of educational qualifications, occupational status, and income sources. The sample was representative of the New Zealand population.
- indicators of living standards: To develop a profile of the adult population of New Zealand, data were presented on a number of living standards indicators including: ownership and social participation restrictions, economising behaviour, serious financial problems, and selfratings.

The challenge is to find a means of combining the data from the indicators into one measure that summarises satisfactorily the variations in living standards for New Zealanders. Subsequent chapters will describe the ways in which the individual indicator measures that were reported in this chapter were combined using multivariate methods to address this challenge.